



**IMPLEMENTING
S.T.A.B.L.E
BEFORE
TRANSPORT**

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Transport and S.T.A.B.L.E.

S.T.A.B.L.E. Program Review

- What does it stand for?
- Why take this course?

S.T.A.B.L.E. Program can be found at:

- [Http://www.stableprogram.org](http://www.stableprogram.org)

Course Objectives

- Participants will be able to identify the basics of S.T.A.B.L.E.
- Participants will be able to demonstrate knowledge of what S.T.A.B.L.E. has to offer.

S = Sugar and Safe Care

- Sugar**
 - Glucose or glycogen
- Safe Care**
 - Protocols and procedures

T = Temperature A = Airway

- Temperature**
 - 36.5-37.0
- Airway**
 - Assessing

B = Blood Pressure L = Lab Work

- Blood pressure**
 - Mean BP
- Lab work**
 - What do we need?

E = Emotional Support

Emotional Support

- What can we do?

SUGAR AND SAFE CARE

- Sugar
- Policies and Procedures



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Sugar and Safe Care

- Monitoring Sugar
- Policies

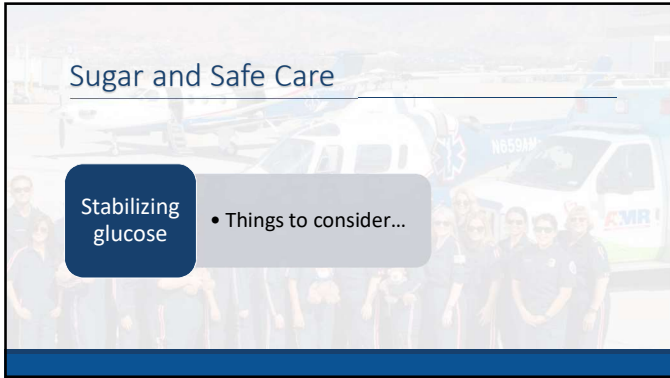


Retrieved from: <https://openstx.org/c/clinicalskills/chapter/8-2-glucometer-use/>

Sugar and Safe Care


Stabilizing glucose

- Things to consider...

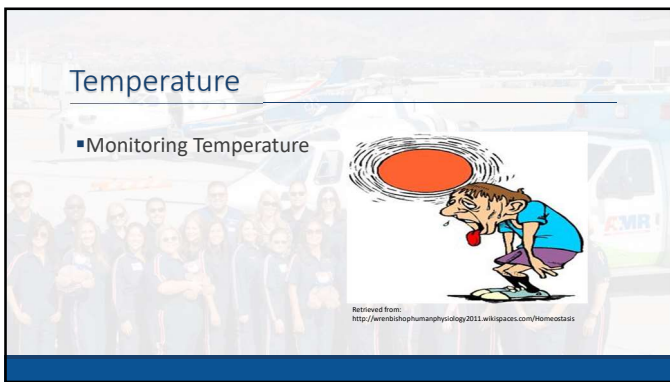


Temperature

- Monitoring Temperature

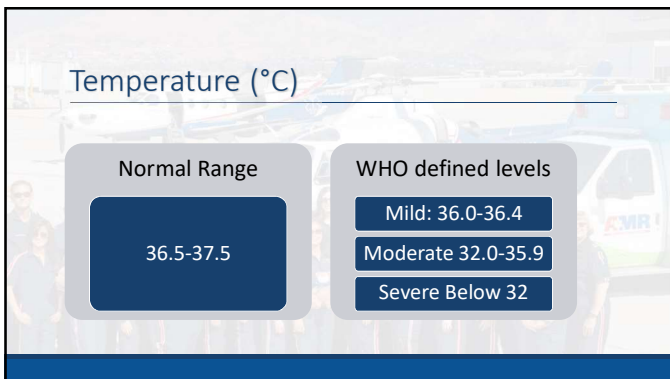


Retrieved from:
<http://www.bishopmanphysiology2011.wikispaces.com/Homeostasis>



Temperature (°C)

Normal Range	WHO defined levels
36.5-37.5	Mild: 36.0-36.4
	Moderate 32.0-35.9
	Severe Below 32




Temperature

- Cold stress
- vasoconstriction
- Brown fat
- Flexing and moving

Airway

- Assessing Airway



Retrieved from: <http://forum.aerosoft.com/index.php?file=/file/2929-us-airways-a319-lac-n000aw/>

Airway

- Evaluate • Respiratory distress
- Evaluate • Respiratory rate

Airway

- Work of breathing
- Nasal Flaring
- Grunting
- Retractions

Airway

- Oxygen saturation
 - The pulse oximetry

Airway

- Oxygen Requirement
 - Cyanosis

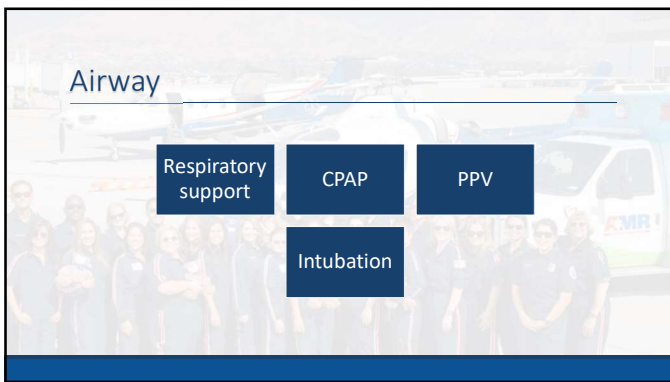
Airway

- Oxygen
- Blood gas



Airway

- Respiratory support
- CPAP
- PPV
- Intubation

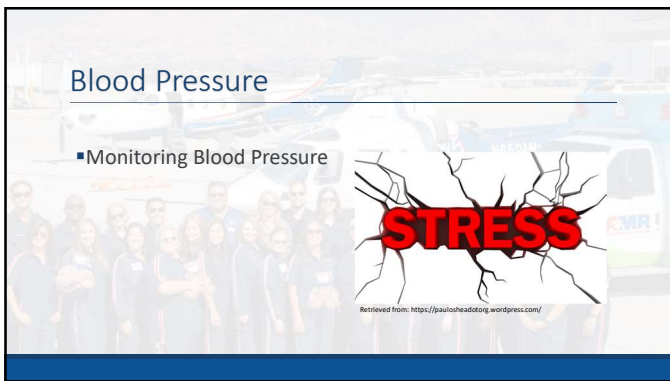


Blood Pressure

- Monitoring Blood Pressure

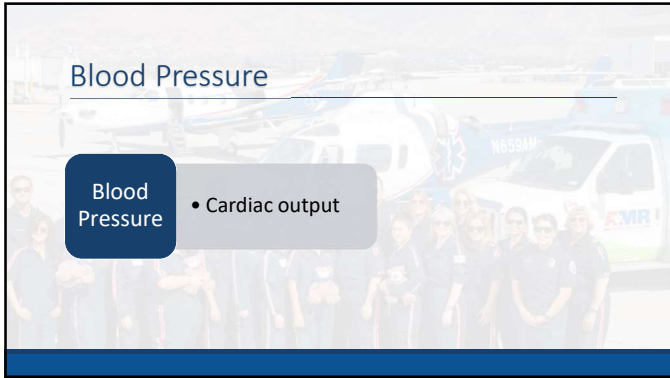
STRESS

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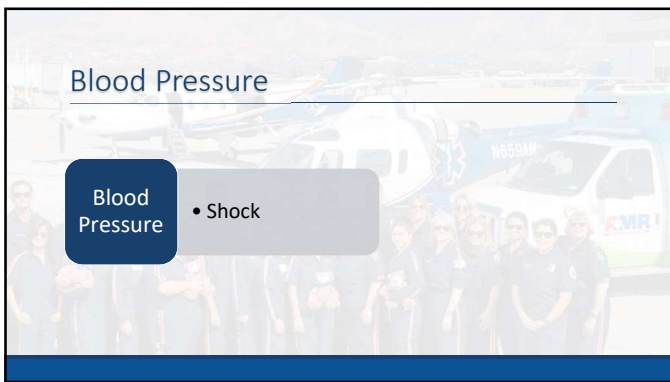
Blood Pressure

Blood Pressure • Cardiac output



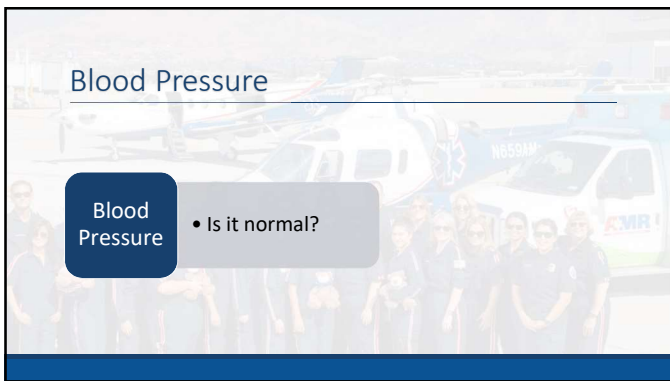
Blood Pressure

Blood Pressure • Shock



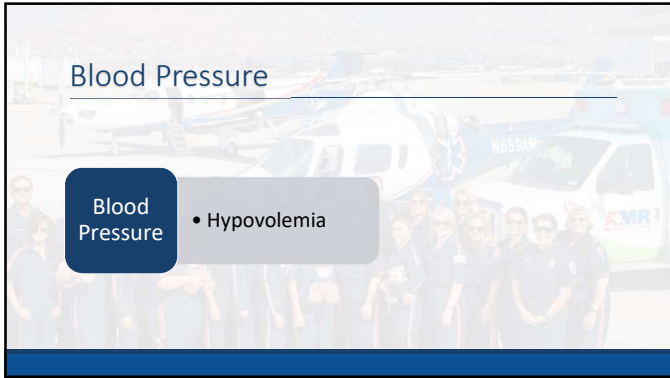
Blood Pressure

Blood Pressure • Is it normal?



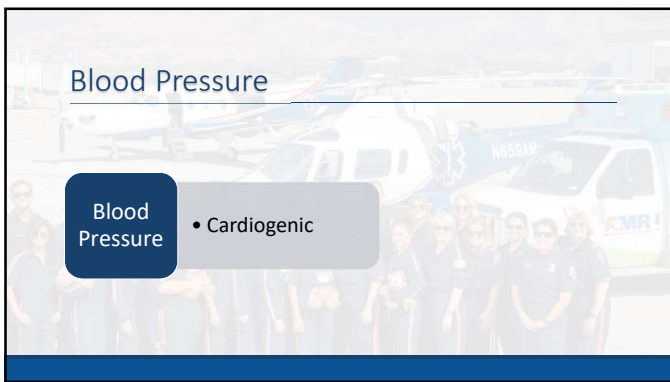
Blood Pressure

Blood Pressure • Hypovolemia



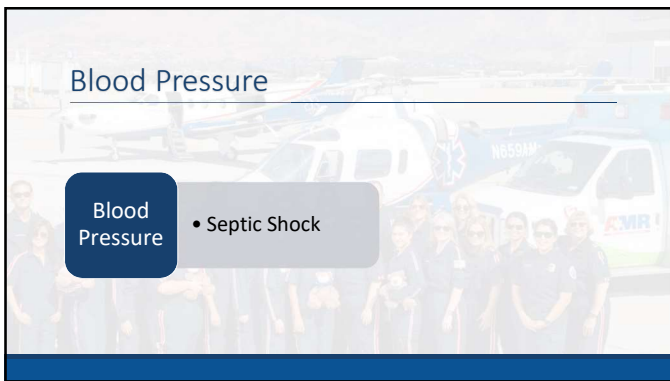
Blood Pressure

Blood Pressure • Cardiogenic



Blood Pressure

Blood Pressure • Septic Shock



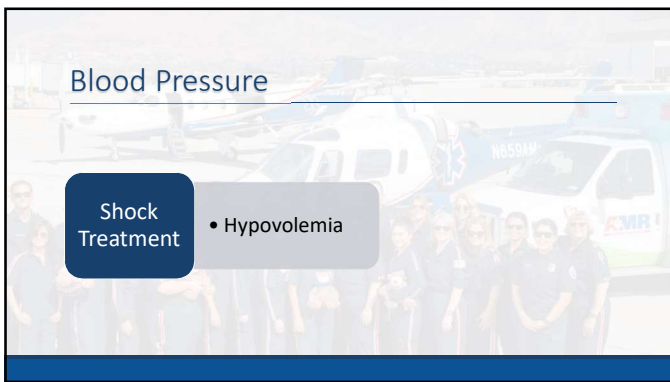
Blood Pressure

Blood Pressure • Treatment



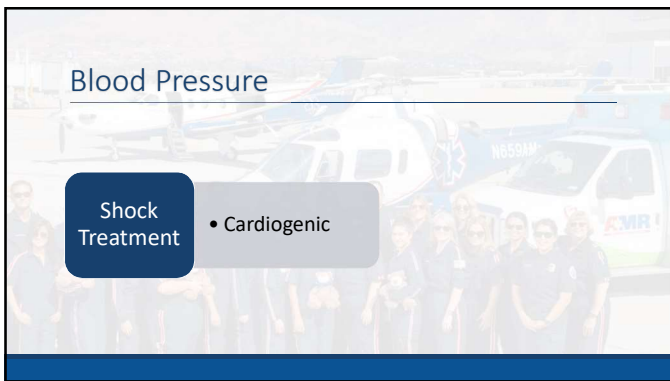
Blood Pressure

Shock Treatment • Hypovolemia




Blood Pressure

Shock Treatment • Cardiogenic



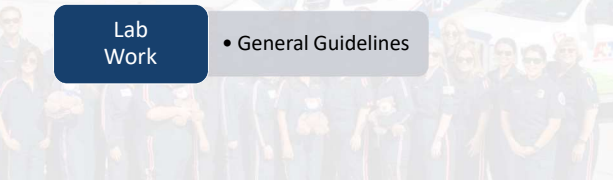
Lab Work

- Interpreting Lab Work



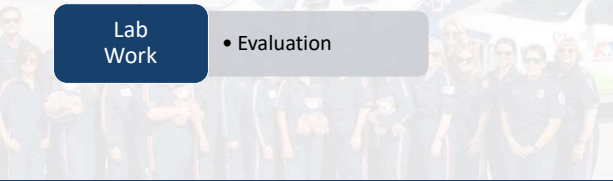
Lab Work

- General Guidelines



Lab Work

- Evaluation



Lab Work

Antibiotics

- Ampicillin
- Gentamycin

Lab Work

Infection

GBS


Emotional Support

Providing Emotional Support

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S.T.A.B.L.E.

- Questions?
- Comments?



Questions are guaranteed in life; Answers aren't.

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References

Karlson, K. A. (2013). The S.T.A.B.L.E. program (6th ed.). Salt Lake City, UT: THE S.T.A.B.L.E. Program.
