



from The Wellness Network

Newborn Channel Program Checklist

Watch these programs at www.thenewbornchannelnow.com and enter the Password: 01566

Breastfeeding

- A Mother's Gift
- Breast is Best
- Breastfeeding Basics
- Breastfeeding in Public
- Breastfeeding Made Easy

Child Safety

- Baby's Clean Healthy Home
- How to Make your Furniture Safe for Kids
- Infant and Child Safety in the Home
- Infant CPR and Choking Prevention (9:00 min)
- Keeping Baby Safe
- Patient Safety: What You Should Know
- Which Houseplants are Toxic to Kids and Pets

Circumcision

- Circumcision: The Basics

Development

- Baby Milestones
- Mother Knows Best
- Music Class for Moms and Their Babies

Discharge From the Hospital

- Going Home With Baby: Your Discharge

Family

- Childcare and Your Baby
- Dad's Role With Baby
- Juggling Your Work and Family
- The World of Parenting
- When A New Baby Comes Home

Healthy Baby

- Baby Skin
- Baby's First Test: Heart Disease Screening
- Diapering 101

Healthy Baby (continued)

- Healthy Eating From the Start
- How to Choose a Baby Thermometer
- Infant Feedings
- Jaundice and Your Newborn
- Massaging Baby's Stress Away
- Newborn Care
- Newborn Screening: Saves Babies One Foot at a Time
- Skin to Skin
- Trimming Baby's Nails
- Understanding Why Babies Cry
- Well Baby Visits
- Your Baby's Oral Health

Healthy Mom

- Back in Shape
- Mommy Don't Smoke
- Yoga For Moms and Their Babies

Immunizations

- Immunizations: Protecting Our Future
- Immunizations: The Facts

Infant and Mom Sleeping

- Safe Sleep for Your Baby
- Sweet Dreams
- Top 10 Things to Get Baby Off to Sleep

Infant Bathing

- Bath Time

Infant Hearing

- What Baby Hears

Infant/Car Seat Safety

- Car Seat Safety (7:00 min)

Postpartum Care

- Coping With the Baby Blues
- Down-There Care: Recovery from Delivery
- Postpartum Depression: You're Not Alone
- Recovery from Cesarean Birth

Premature Birth

- Special Care for Your Preemie
- When Baby Arrives Early

Shaken Baby Syndrome

- A Life in your Hands: Preventing Shaken Baby Syndrome
- Portrait of Promise
- Shaken Baby Syndrome: A Preventable Tragedy (15:00 min)

Sudden Infant Death Syndrome

- SIDS and Safe Sleep (10:00 min)